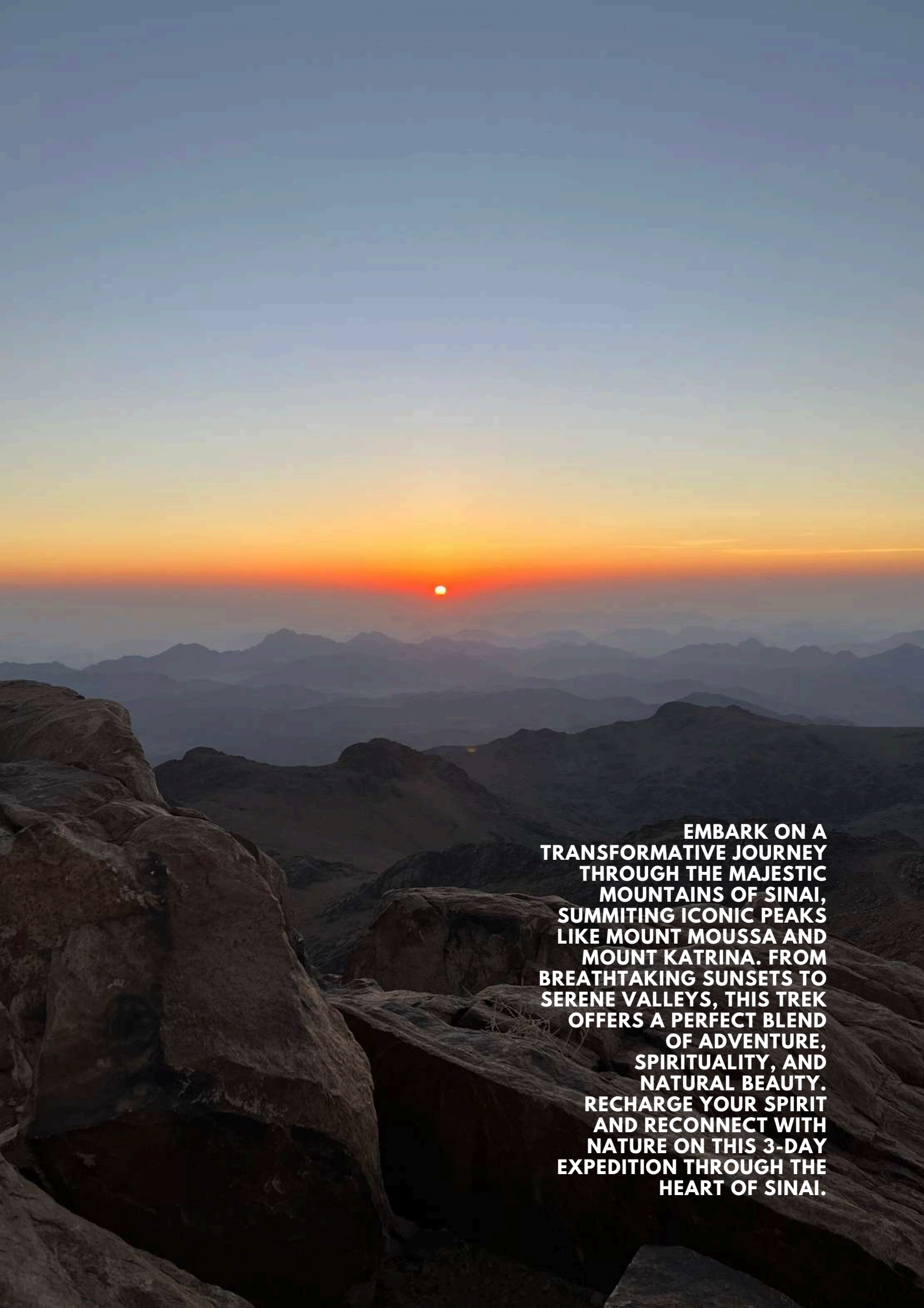


INFO PACK

SINAI'S TWIN PEAKS

20TH OF FEB - 22ND OF FEB

"Somewhere between the bottom of the climb and the summit is the answer to the mystery why we climb." -Greg Child.

A photograph of a sunset over a mountain range in Sinai. The sun is a small, bright orange circle on the horizon, casting a warm glow across the sky. The mountains are silhouetted against the light, and the foreground is dominated by large, dark, textured rock formations. The overall mood is serene and majestic.

**EMBARK ON A
TRANSFORMATIVE JOURNEY
THROUGH THE MAJESTIC
MOUNTAINS OF SINAI,
SUMMITTING ICONIC PEAKS
LIKE MOUNT MOUSSA AND
MOUNT KATRINA. FROM
BREATHTAKING SUNSETS TO
SERENE VALLEYS, THIS TREK
OFFERS A PERFECT BLEND
OF ADVENTURE,
SPIRITUALITY, AND
NATURAL BEAUTY.
RECHARGE YOUR SPIRIT
AND RECONNECT WITH
NATURE ON THIS 3-DAY
EXPEDITION THROUGH THE
HEART OF SINAI.**

The Route

2 nights / 3 days

The mountains of Sinai hold a profound significance, not only for their natural beauty but also for their deep historical and spiritual connections. Two of the most iconic peaks in this region, Mount Moussa (Mount Sinai) and Mount Katrina (Jebel Katrina), stand as timeless monuments to faith, resilience, and the interplay between human history and nature's grandeur.

Mount Moussa: The Mountain of Revelation

Mount Moussa, commonly identified as Mount Sinai, is revered across religions as the site where Prophet Moses is believed to have received the Ten Commandments. This sacred peak has drawn pilgrims, seekers, and travelers for centuries, standing as a symbol of divine revelation and spiritual awakening. Rising to an elevation of 2,285 meters, the mountain offers not only breathtaking views but also a palpable sense of connection to the divine. At its summit, visitors often experience moments of reflection and awe, amplified by the stunning play of light during sunrise and sunset.

The path leading to Mount Moussa is steeped in history, with trails that have been walked by monks, hermits, and explorers over the ages. The mountain is also home to St. Catherine's Monastery, a UNESCO World Heritage site and one of the world's oldest functioning monasteries, further cementing its importance in religious and cultural history.

Mount Katrina: The Guardian of the Desert

Towering at 2,629 meters, Mount Katrina (Jebel Katrina) is the highest peak in Egypt and a majestic counterpart to Mount Moussa. Named after Saint Catherine of Alexandria, who is said to have been martyred for her faith, the mountain is a symbol of endurance and spiritual strength. According to Christian tradition, her remains were miraculously transported by angels to the mountain, and her legacy continues to inspire visitors to this day.

Unlike the rugged paths of Mount Moussa, Mount Katrina offers a more secluded and serene experience. Its trails lead to a plateau where hikers are rewarded with sweeping vistas of the surrounding desert and mountains. From its summit, you can see both Mount Moussa and the endless expanse of the Sinai wilderness, a view that reminds visitors of the vastness of creation.

The Spiritual and Natural Harmony

Together, Mount Moussa and Mount Katrina form a unique spiritual and natural tapestry. These peaks are not just physical landmarks; they are beacons of reflection, endurance, and the enduring relationship between humanity and the divine. Their valleys and plateaus tell stories of ancient civilizations, of travelers seeking solace, and of communities shaped by the rugged yet nurturing environment of the Sinai Peninsula.

For those who embark on this journey, the mountains offer more than a physical challenge. They invite you to step into history, immerse yourself in their sacred aura, and emerge with a deeper appreciation of the beauty and resilience of both the human spirit and the natural world.



Journey Summary

In Brief

19th of Feb

Day 0 (Optional): Arrive in Saint Catherine for Rest and Preparation

20th of Feb

Day 1: Summit Mount Moussa and Overnight in the Valley of the 40

21st of Feb

Day 2: Summit Mount Katrina and Camp in the Red Valley

22nd of Feb

Day 3: Descend to Wadi Telah and Return

Day-to-day itinerary

Days 0 & 1



Day 0 (Optional) : Arrival in Saint Catherine

Departing from Cairo, we travel towards Saint Catherine. To ensure a more relaxed experience, we arrive a day early and spend the night in the city. This allows for proper rest and preparation before venturing into the mountains the following day.

Day 1: Farsht El Safsafa to Mount Moussa and Valley of the 40

The adventure begins as we ascend through Farsht El Safsafa, making our way up Farsht El Loz and Fasht Lea to reach the summit of Mount Moussa (Mount Sinai). From this historic peak, we witness an awe-inspiring sunset before descending into the Valley of the 40, where we settle in for our first night amidst the mountains.

Days 2 & 3



Day 2: Shaq Jebel Katrina to Red Valley

We begin the day by hiking through Shaq Jebel Katrina, heading towards a breathtaking plateau that offers panoramic views of both Mount Moussa and Mount Katrina. After summiting Mount Katrina, we make our way down into the Red Valley, where we spend the second night surrounded by the rugged beauty of the mountains' valleys.

Day 3: Descent to Wadi Telah and Return

On our final day, we descend from the mountains, making our way to Wadi Telah. With our journey coming to a close, we return to Saint Catherine and head back to Cairo, carrying memories of an unforgettable adventure.

Finer details:

Accommodation

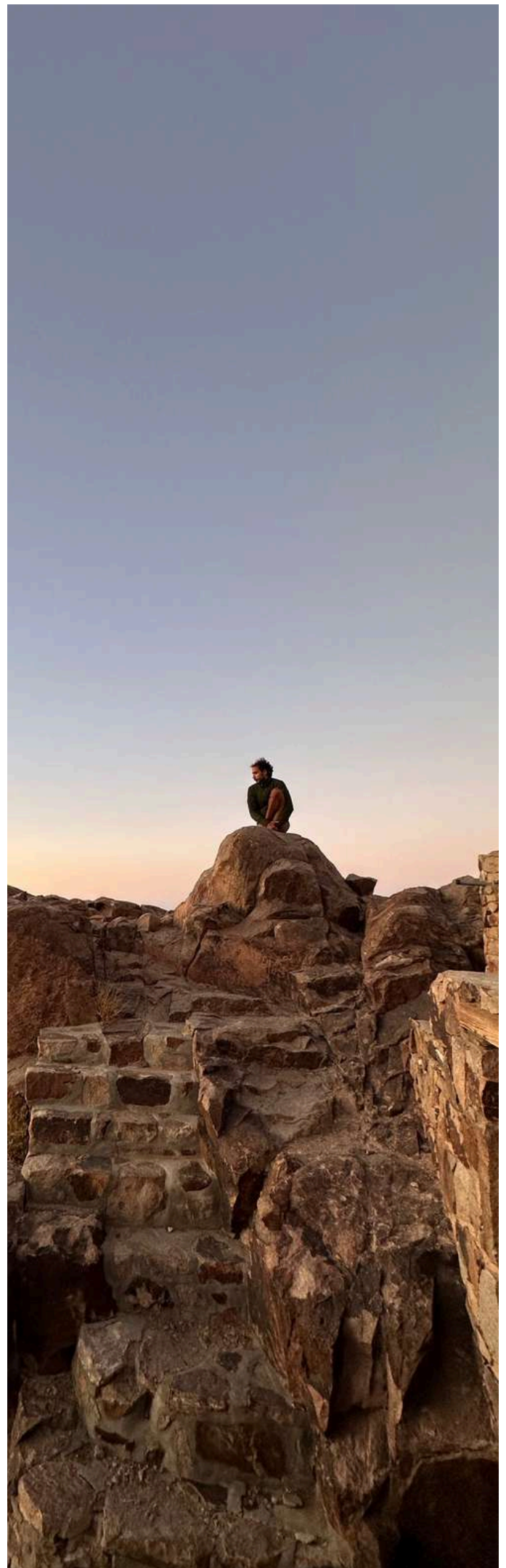
- **Day 0 (optional):** Double rooms at fox camp
- **Day 1 and 2:** Tents and sleeping bags (could be rented), in the mountains as mentioned in the itinerary, Sleeping pads are provided

Transportation options and meeting points

- Due to the various departure points, we have multiple meeting points and different transportation options:
 1. Private Bus round trip from Cairo or Dahab
 2. Meet at Saint Catherine on the 19th night at fox camp (The private transportation arrives by 1AM)
 3. Meet at Saint Catherine on the 20th morning at 8AM at fox camp

Food

All meals as specified in the itinerary will be freshly made from scratch at the campsite. Rest assured, we cater to all dietary needs (e.g. gluten-free, vegan, vegetarian, etc). As for snacks, it's ideal to pack dried fruits, cereal bars, dates, nuts – all these natural goodies will maintain your energy consistently throughout the hike.



Pricing

Number of pax	Price per person
1 pax	25,000 EGP
2 pax	20,000 EGP
3-4 pax	15,000 EGP
5-6 pax	12,000 EGP
7+ pax	10,000 EGP

Price includes:

- 3 Days trekking in the Katrina region.
- WG leader
- Main local guide
- Assistant local guide
- Meals as described in the itinerary
- Porter camels
- Permits when needed
- Sleeping pads
- Inside Katrina transportations when needed

Price excludes:

- Transportation, Cairo to Saint Catherine round trip
- Day 0 accommodation
- Tents and Sleeping bags
- Other rentals
- Personal items
- Snacks
- Tipping

Other pricings

Transportation

Type	Round Trip price
Private Toyota HiAce (Cairo)	9,900 EGP
Private Toyota HiAce (Dahab)	6,500 EGP

Accommodation Day 0

Type	Price/night
Doubles room	400 EGP
Single room	600 EGP

Rentals

Type	Price/person/trip
Tent (Doubles)	500 EGP
Sleeping Bag	500 EGP
Hiking Poles	500 EGP



Packing list

*"There's no such thing as bad weather,
only inappropriate clothing"*
Sir Ranulph Fiennes

Below is a gear list showing all the necessary equipment for mountaineering.

All clothing should be quick-drying: cotton clothing should be avoided.

It is important to have all items on the gear list for personal safety in a mountain environment.

Your personal equipment to be carried by the porters

You will be required to carry a small day bag with your personal items.

Clothing

<p>1x down jacket</p>	
<p>1 x Hiking pants (Preferable water proof)</p>	

1 x Shell Jacket



1 x warm fleece top (add a second if you don't have a down jacket)



1 x hiking Shoes/boots



3 x breathable t-shirts



**1 x base layer top
(breathable underlayer)**



**1 x base layer bottoms
(breathable long johns)**



5 x hiking socks (warm)



**1 x warm hat (balaclava,
beanie)**



1 x warm insulate gloves



1 x Rain Jacket/Coat



1 x head torch with spare batteries



1 x Camp Sandals/Sliders



ACCESSORIES

**1 x 50 to 70 litre ruck sack
for porter team**



**1 x dry bag liner to keep
you personal items dry**



1 x daypack (20-40 litres)



1 x sun hat



1 x sunglasses



1 x camera and spare batteries



1 x water bottle or hiking bladder (Camelbak) (2L-3L)



1 x umbrella



Personal toiletries



Gear

Tent



Sleeping bag



Hiking Poles



Packing tips

Bring 1 or 2 power banks

If you are using your phone to take photos and to make call whenever we have connection then most probably you are gonna need 1 or 2 charged power banks

Lip Balm goes a long way

Due to the dry weather we and big difference between the morning weather and night, the lips tend to get very dry and might even hurt, it's a beauty tip it's a safety one.

Porter/Camel Bag

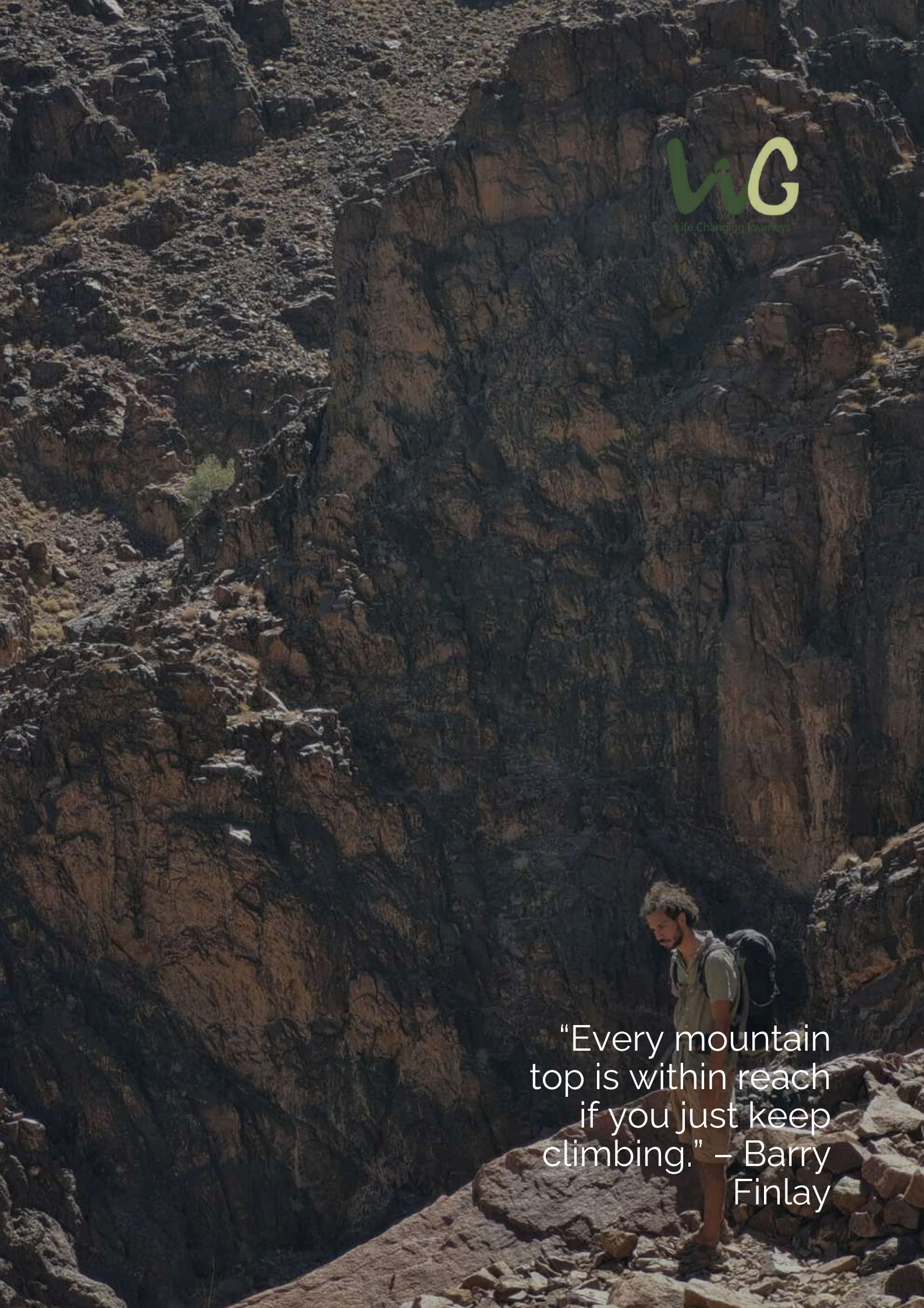
While we have the option of having two bags, One carried by the camels and the other one is our day to day back bag, Try to put everything that you wouldn't need during the day in the porter bag to lighten the day to day back bag

- This could be a duffle bag
- Or a back bag
- Cannot be a suitcase

Day to day Back bag:

Try to make it as light as possible while covering the essentials:

- Water Flask or bladder 2L-3L
- Snacks
- Extra layers
- Power bank
- Sun protection

A hiker with a beard and curly hair, wearing a light-colored t-shirt and shorts, stands on a rocky ledge. He has a large black backpack on his back and is looking down at the ground. The background is a vast, deep canyon with steep, layered rock walls. The lighting is bright, suggesting a sunny day.

“Every mountain top is within reach if you just keep climbing.” – Barry Finlay